# Evaluation of the National Implementation of the VA Diffusion of Excellence Initiative on Advance **Care Planning via Group Visits**



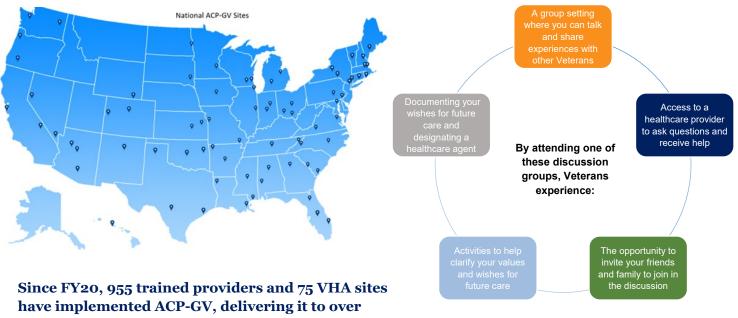
#### Now more than ever, helping honor Veteran care preferences

This Partnered Evaluation Initiative (PEI) enhances VA's capacity to adopt and sustain an evidence-based practice that engages Veterans, their families, and caregivers in a group discussion to plan for future healthcare decisions if the Veteran becomes unable to communicate their preferences. We are partnering with 2 National Program Offices, 18 VISNs, and 75 VA facilities to develop tools and strategies to promote national dissemination efforts across VA.

#### What is Advance Care Planning via Group Visits?

#### An estimated 6.7 of 9.26 million Veterans enrolled in VHA do not have an Advance Directive (AD)<sup>1,2</sup>.

Named a VA Diffusion of Excellence Initiative and Gold Status Practice, Advance Care Planning (ACP) via Group Visits (ACP-GV) is more efficient than traditional one-on-one ACP conversations in that Veterans can be served in a group by a clinical provider in the same length of time as one Veteran. ACP-GV seeks to engage and enable Veterans to make informed healthcare decisions and offers **improved choice and timeliness** to ACP discussions in medically underserved rural areas. Having an up-to-date AD, Veterans experience improved quality of life and communication with their families, caregivers, and healthcare professionals.



27,907 enrolled Veterans. Between FY17 and FY22, 34% of these Veterans created a new AD.



National Center for Veterans Analysis and Statistics. (2022, March 31). Department of

National Center of Veterans Analysis and Statistics. Cu22, March 31). Department of Veterans Affairs Statistics at a Glance. Department of Veterans Affairs. https://www.va.gov/vetdata/docs/Quickfacts/Stats\_at\_a\_glance\_3\_31\_22.PDF Rao, J. K., Anderson, L. A., Lin, F.-C., & Laux, J. P. (2014). Completion of Advance Directives Among U.S. Consumers. American Journal of Preventive Medicine, 46(1), 65–70. https://doi.org/10.1016/j.amepre.2013.09.008

### Implementation/Evaluation Strategies

This QUERI PEI seeks to evaluate and to determine best practices to facilitate a nationwide spread of one of the VA Diffusion of Excellence Initiatives, ACP-GV, which includes the cost saving- and process-oriented approach of hosting discussions regarding the topic of ACP and ADs among groups of Veterans.

# The main evaluation goal of this PEI is to determine the impact of funding staff positions to implement, sustain, and spread ACP-GV across the entire VHA.

The National ACP-GV Program is guided by 4 specific aims using 5 implementation strategies:



## **Future Directions**

We are expanding the evaluation beyond only Office of Rural Health-funded rural sites to examine the impact and effectiveness of the National ACP-GV Program to all VHA facilities. In addition, we are examining variation in implementation where a funded staff position who is hired or dedicated to ACP-GV (i.e., ORH-funded vs. unfunded) is the main difference among ACP-GV sites in the set of implementation strategies used to implement the program.

For more information, check out: https://www.socialwork.va.gov/ACP\_GV.asp

If you would like to learn more or partner with us, please contact: VHASWAdvanceCarePlanning@va.gov **Principal Investigator:** *Monica M. Matthieu, PhD, LCSW North Little Rock, AR*